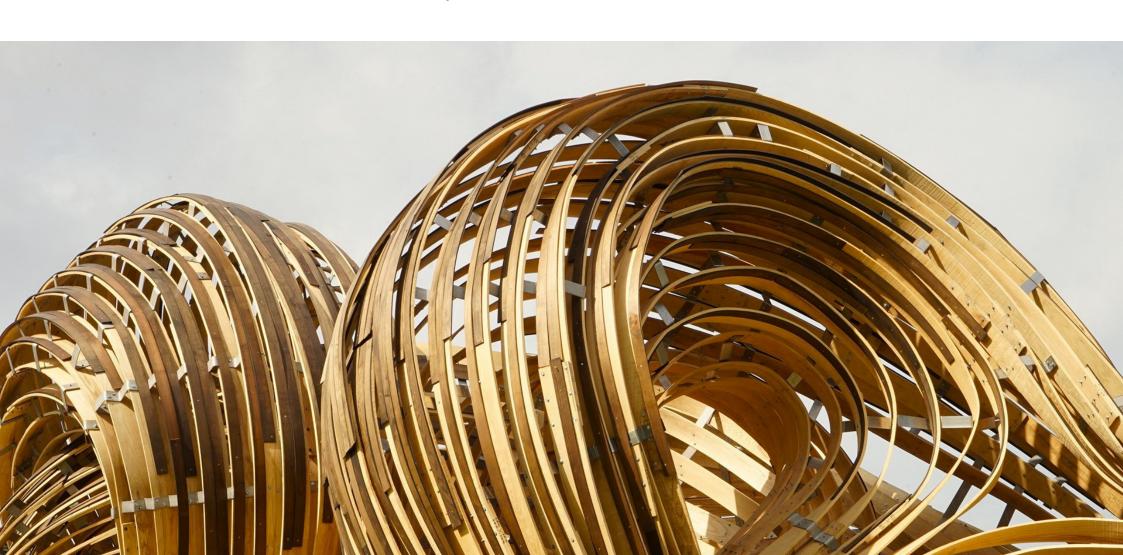


# Guide Book Onide Book

ASTP Annual Conference 2023 | 24 - 26 May | Tallinn, Estonia







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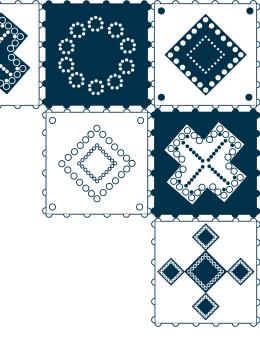
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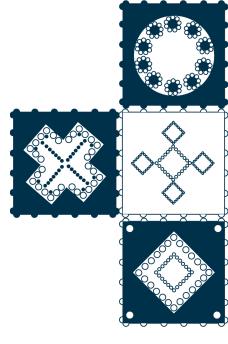
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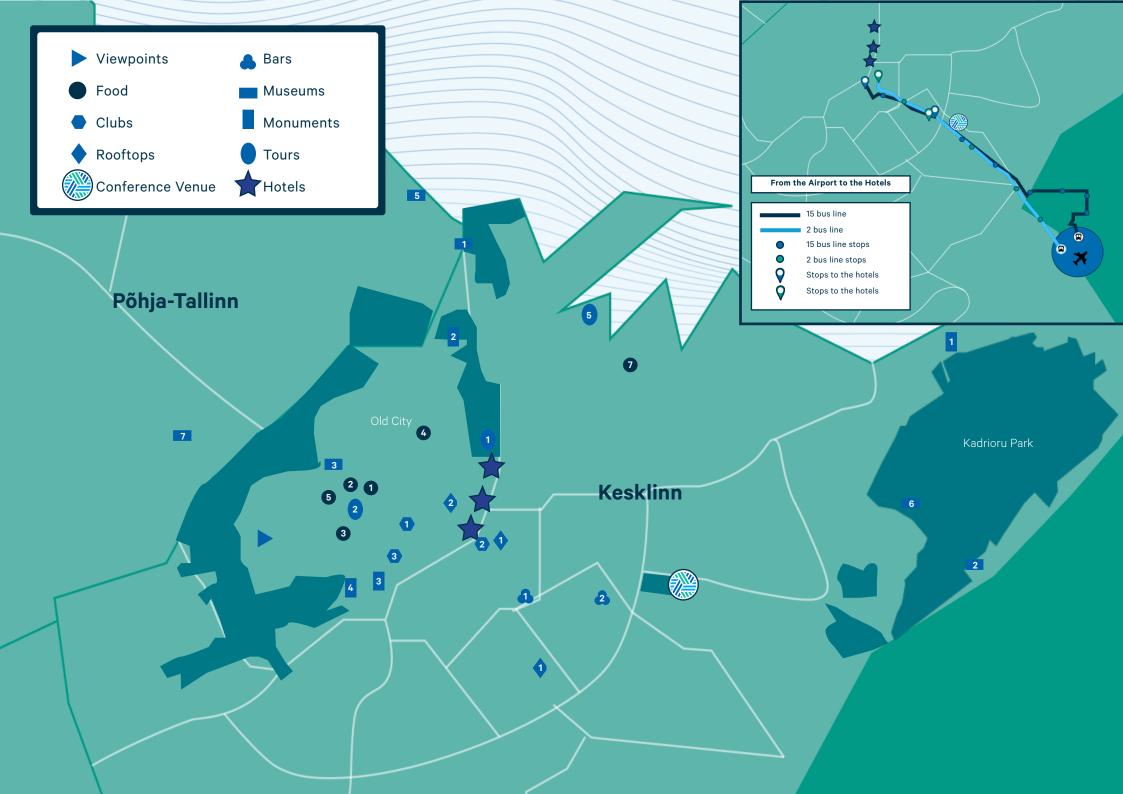
## Your guide to

# **Tallinn**

Tere tulemast Tallinna! Welcome to Tallinn!

ASTP welcomes you to the 2023 Annual Conference in the stunning Estonian capital.

This guide will help find the most beautiful historical spots, the best restaurants, learn some facts about the city and information on who to call in case of emergencies. ASTP would especially like to thank: Visit Tallinn, Enterprise Estonia and Visit Estonia for all their support bringing the ASTP community to Estonia and tremendous Tallinn.



### **Hotels**

# Overview



Metropol Spa Hotel is located in the city centre and only a few steps from the Old Town. The hotel offers a spa and wellness centre and features two restaurants:

Nomad and Urban.





Located in the city centre, the Original Sakos Hotel Viru offers convenient access to all the town has to offer. If you wish to exercise during your stay, use their gym or enjoy a session in one of their three private saunas.







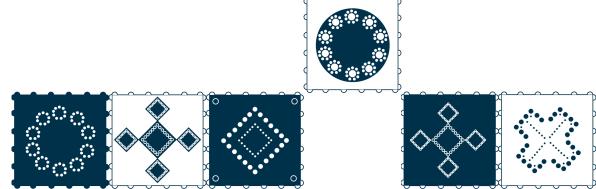
This is one of the newest hotels in the Hilton chain and is built facing Politseiaia Park. From here you can comfortably walk to the Old Town and Kadriorg Park which is built on the the site of Peter the Great's summer manor.





Nordic Hotel Forum is a four-star hotel located in the heart of Tallinn and is one of the first hotels to support urban beekeeping with six beehives on their rooftop. Guests also have access to the leisure centre.





# What to know about

"Tallinn's coastline dotted with promenades and sandy beaches is especially rewarding during the summer but offers scenic views of the iconic cityscape throughout the year." – Visit Estonia

With a population of almost half a million, Tallinn is the largest city in Estonia. Sitting on the Gulf of Finland, the city is closer to Helsinki than it is to Estonia's second largest city, Tartu. In 2021, Tallinn was ranked, at number 12, among the 50 smartest cities in the world.

Estonia was a Viking country. The period is called 'Viking Age' and was between 800AD and 1070AD.

In 1285, Tallinn, then known more widely as Reval, became the northern most member of the Hanseatic League – a mercantile and military alliance of German-dominated cities in Northern Europe. The king of Denmark sold Reval along with other land possessions in northern Estonia to the Teutonic Knights in 1346. Medieval Reval enjoyed a strategic position at the crossroads of trade between the rest of western Europe.

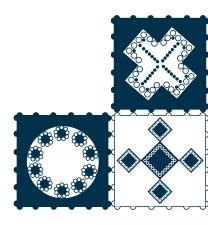
The city became know by its current
Estonian name in 1918 following
independence. In 1939, Stalin demanded the
establishment of Soviet military bases
in neutral Estonia.

By 1940 Estonia was annexed by the Soviet Union. The country was knows as Estonian Soviet Socialist Republic until independence from the Soviet Union in 1991.

Tallinn's nickname is 'a gem in the Baltic'.

Just beyond the city you can discover the wildness of the Estonian countryside. Explore the ancient forests, discover magestic waterfalls or take a bracing walk along the cliffs and view the Baltic Sea from special vantage points.

The most famous Estonian islands are
Hiiumaa, Kiknu and Saaremaa
(the biggest). The nearest island you can
visit from Tallinn is Aegna. Take a ferry to the
island to look back on Tallinn's skyline.





Tallinn is divided into eight main districts, this guide takes you through three in detail: Kesklinn, Kristiine, and Põhja Tallinn. ASTP conference is located in Keslinn. Check out the map on page 3.

#### Kesklinn

Estonian word for: City Centre.

Kesklinn is the most central district of Tallinn, home to our conference venue and the UNESCO-listed Vanalinn, or Old town. The district offers the opportunity to visit Vanalinn, shopping centre and Freedom Square in less than 5 minutes away on foot. This part of the town also includes over 40 parks, enough space to rest your mind and take a breather.

### Põhja-Tallinn

Sorrounded by sea on three sides,
Põhja-Tallinn is one of the most
enjoyable districts of Tallinn. The
area offers unique cafes, bars, and
neighbourhoods from which you can
admire the city's coast. The district is
famous for its beaches and attractions,
including Patarei prison and Telliskivi
City, the Estonian creative centre.

#### **Kristiine**

Estonian name for: Christina.

The name of the Kristiine district originates from the Swedish Queen Christina who ruled the area in 1653.

This district is well-known for its shopping centre: the largest in Estonia. The shopping area includes 110 fashion shops and 15 excellent dining outlets.





Most of Tallinn's attractions and restaurants are within walking distance of the conference venue but for those who don't like walking the city has an awesome public transport system.

Thanks to Visit Tallinn all ASTP conference participants have free access to all public transport services.

#### **Arriving and Departing from Lennart Meri Tallinn Airport**

#### **Busses number 2 and 15**

The bus is a quick and simple option to reach your hotel. Take bus number 2 towards Balti Jam or number 15 towards bus stop Estonia.

For the Hilton Tallinn Park Hotel get off at **Keskturg** and walk 300 meters to the hotel.

For Metropol Spa Hotel, Original Sokos Hotel Viru and Nordic Hotel, buses number **2 and 15** are both suitable.

Take number 2, direction Balti Jam, get off at bus stop A. Laikmaa.

With number 15 get off at bus stop **Estonia** (end of the line).

From both bus stops, the walk is less than 10 minutes to your hotel.

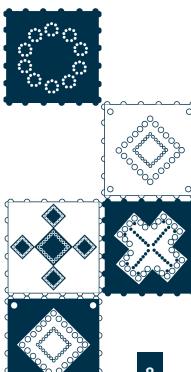
You can check the availability of buses 2 and 15 from the airport and from the city centre on Tallinn Airport website.

Due to roadworks at the airport, please take extra time when travelling.

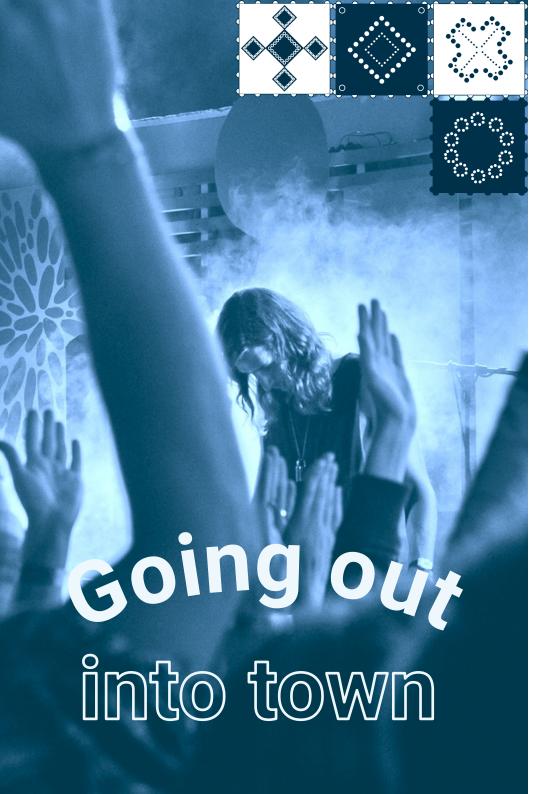
#### Taxi

A taxi from the airport to the hotel should take about 15 minutes and costs about 10 euros.

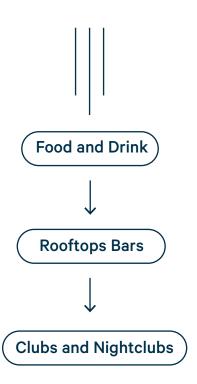
Please note, some taxis only take cash.

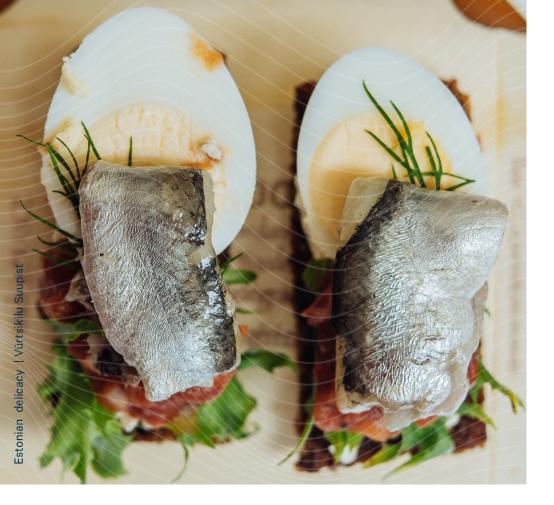






Feast your eyes with wondrous rooftops, quench your thirst with sweet cocktails, surprise your palate with a unique cuisine and let down your hair in Tallinn's clubs.





#### **Food and Drink**

Estonian food has peasant origin and has its roots in the coutryside. Black bread, seasonal vegetables, berries, potatoes and pork are at the basis of the food culture. If you walk around Tallinn, you can appreciate restaurants that offer typical Estonian dishes like the *Silgusoust*: baltic fish in acidic sauce, *Mulgikapsad*: pork

with sauerkraut and boiled potatoes, and *Karask*: a kind of dry cake-like barley bread.

Despite the several changes in Tallinn's food scene, its citizen still prefer the typical dishes.

Here are some restaurant suggestions for a local experience.

#### 1 Kaerajaan

Located a few steps beyond the Old Town, it is clear why Kaerajaan was awarded 2022 Travelers' Choice on Trip Advisor.

This place offers great vegetarian, vegan and gluten-free variations of typical Estonian food at very affordable prices.



#### 2 Old Estonia Restaurant

Enjoy the breath-taking view of Tallinn
Old Town hall square while enjoying high
quality wines and typical Estonian dishes.
This restaurant offers a romantic atmosphere
deep in the city's medieval heart.



#### 3 La Prima Pizza Vanalinn

If you are not in the mood for tasting typical Estonian cuisine, this place is the best pizzeria in Tallinn. Enjoy pizza and gelato surrounded by live Italian music while admiring a lemon tree in the middle of the dining room.



#### 4 Chakra

This is where you can get the best Indian food in town. The brilliant colours and the spicy fragrances create a cozy atmosphere and a great tasting experience.



#### Vegan Restoran V

Awarded with Travelers' Choice 2022 on Trip Advisor, Vegan Restoran V offers typical vegan versions of typical Estonian cuisine just afew step aways from the centre of the Old Town.



#### 6 Ribi Restoran

For a more varied menu, there is no better place of Ribi restoran. The menu runs from pasta to steak; enjoy your meal on the terrace from where you can admire the sea.



#### **7** Estonian Burger Factory

If you are looking for for fresh burgers made with local organic products: this is the restaurant for you. They are famous for mini burgers and unique burger flavours.







#### **Restoran ROOF**

Restoran ROOF is the perfect place from where to admire wonderful views of Tallinn. Enjoy high-quality Mediterranean cuisine in this restaurant's cozy atmosphere. Build connections with your international colleagues and enjoy this restaurant's cozy atmosphere.





#### ISSEI

Located on the 24th floor of the Radisson Collection Hotel, Tallinn, ISSEI offers an exceptional Japanese-Peruvian culinary experience, fancy cocktails, lounge music and an awesome view from their open-air terrace.





#### **Rooftops Bars**

A trip to Tallinn has to include some chill-out time on a rooftop. Experience impressive views of the historical Old Town while enjoying cocktails or a delicious supper. Wander the streets and see what you fancy, here are some places we recommend.

For a more modern, festive but still typical Estonian atmosphere, don't miss visiting Keslinn's sub-district Südalinn. During the day, you can do some environmentally friendly shopping in the Solaris Shopping Centre, and after dark visit restaurants, bars and clubs and see how the locals and tourists can enjoy good music and tasty cocktails.

For the best experience, here are four terraces that our Estonian connoisseur recommends.



#### **Terrass**

If you are not in the mood for a full meal and you'd rather snack and drink while still enjoying Tallinn's view from above, then Terrass Restaurant and Lounge is the best choice for you. Tasty cocktails and a friendly atmosphere are waiting for you just a few steps away from the Old City.





#### 4 Horisont

For a high culinary experience, don't miss Horisont Restaurant and Bar. Located on the 30<sup>th</sup> floor of Swissotel Tallinn, this restaurant is an unique place where to enjoy an apertif while admiring stunning panoramic views of Tallinn harbour.







#### Clubs

Tallinn is rich in nightclubs, pubs and cocktail bars, it is hard to share them all on one page. If you want to discover more of Tallinn's nightlife I recommend you to visit: visittallinn.ee.



Open Wednesday to Sunday from 11:00pm till 5:00am.

Electronic music.

One of the cheapest clubs. Drink start at €1! Dress code: Casual. Elegance not welcome Open on Fridays and Saturdays from 22:00 till 6:00.

Address: Müürivahe Tänav 22



#### 2 Café Amigo

Open Fridays and Saturdays from 10:00pm till 5:00am.

Tropical style café. Live music from rock and blues bands. Also a DJ with typical pop hits spanning from the 1970s to the 90s. Entry: Friday €6 and Saturday €9

Address: Viru valjak 4





#### 3 Club Baila

Open Fridays and Saturdays from 10:00pm till 6:00am. This club/cocktail bar is in the middle of the Old Town. You can hear Latin music and while choosing from more than 30 different cocktails and shots.

Address: Sauna 1





#### 1 Lennusadam Seaplane Harbour

Visit Europe's maritime museum with the most exciting collection of about 200 authentic items. Discover Short 184, the oldest ship found in Estonia and a century old icebreaker, Suur Tõlland.



#### 2 Kumu Art Museum

This museum is the largest and most representative art exhibition in Estonia. It preserves Estonian art from the 18th century to 1991. It also hosts contemporary art exhibitions to inspire artists from all over the world.



#### 3 Great Guild Hall

Visit the Estonian History Museum, also known for being the number one choice for hosting exhibitions, concerts and themed evenings. This 600-year-old medieval building includes a cinema and wine cellar.





#### Maarjamae Castle

Part of the Estonian History Museum, this building was the summer residence of the Russian Count Anatoli Orlov-Davydov, and now hosts "My Free Country" a permanent exhibition that won the Muuseumirott Award in 2018.



#### 5 Patarei prison

Built in the 19th century, the Patarei Sea Fortress in Tallinn is considered a gem of the Baltic Sea region. The building is a memorial to the victims of communism.





#### 6 Kadriorg Palace

The Kadriorg Palace was built more than 300 years ago on the orders of Russian Tsar, Peter the Great. The building and the sorroundings offer an unique experience. Enjoy the green promenades, the swan's pond, the rose and Japanese gardens and the Estonian Art Museum's collection of foreign art.





Fotografiska has something for everyone. The international photo museum hosts three to four exhibitions simultaneously that you can enjoy wile tasting delicious food from the house's restaurant and café areas. If you do not have the time to visit it, but you do not want to miss it, you can enjoy all the exhibtions in digital format!





#### Russalka

This 16-metre sculpture depicts a bronze angel and was sculpted to mark the 9th anniversary of the sinking of the Russian warship Rusalka, or "Mermaid", which sank in route to Finland in 1893.



#### Onnelik Kortnapuhkija

This bronze sculpture of a chimney sweep was created in 2010 by the artist Tauro Kangro. Currently placed at Karja Gate Snare in Tallinn.

Rubbing his nose and buttons is said to bring good luck.



#### **The Broken Line**

Memorial to 852 people who died in the MS Estonian Ferry which sank in 1994 while travelling between Tallinn and Stockholm. 757 of the bodies were never found. Only 137 passengers survived.





#### **Linda Monument**

Linda was the wife of city founder Kalev. Nowadays it's an important monument for the locals. Despite predating World War II it has become and unofficial memorial to the citizens exiled to Siberia. The plaque underneath the statue reads: "To remember to ones who ware taken away. Their oppression is screaming towards the sky."





#### 1 Hop on, hop off bus

On the world famous open-top bus you can enjoy the multi-lingual audio commentary on board. With your ticket you can hop on and off the bus as often as you like on a route specifically designed to show the main sights and attractions of Tallinn.

Admission fee: €25

Book a tour: at their website or on the bus



#### 2 Tallinn Food Tour

Enjoy 6 food and drink stops combined with personalised city tour. The tour begins at 11:30am and takes about 3 hours.

Admission fee: €94 (at least 2 participants are required)



#### Best of Tallinn Cycling Tour

Cycling tour that take 2 hours through all the major attractions.

Admission fee: €26 (at least 2 participants are required)



#### 4 Helsinki trip by ferry

It takes 2 hours to get to Helsinki by ferry. When you arrive in Helsinki you have up to 10 hours (if you want to stay there for 1 day) to explore the Finnish capital. You can book a city tour there.

For departure and arrival times and other information chck out their website.

Ferry ticket: +- €72 (ret)



#### 5 Tartu trip by train

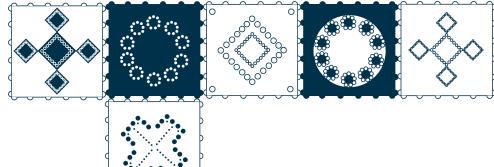
Travel from Tallinn's Balti Jaam train station to reach Estonia's second biggest city, Tartu. For departure and arrival times and other information check out the website:

www.elron.ee (also in English).

Train ticket: +- €10 (one-way)







## Contact

## **Information**

Anuar Shafiei | Event Manager | +31 (0)6 15 41 07 77 Arlyta Wibowo-Kruzinga | Business Developer | +31 (0)6 31 62 05 41 Noeleen O'Hara | Communications Manager | +31 (0)6 39 14 84 04

#### **Conference Venue**

Hilton Tallinn Park

F. R. Kreutzwaldi 23, 10147 Tallinn, Estonia





**(1) (2) (**+3726305333

#### **Emergency Numbers**

The national emergency number is 112, which can be used to contact the police, the fire service and an ambulance.

#### Hospital

Keskhaugla Sunnitusmaja Hospital is the nearest hospital by the conference venue.







## **Discovering**

Estonia

Find more information about Tallinn and the beautiful country of Estonia on our partners' website.

# visit estonia

Visit Tallinn

## **Estonia**

# Locals

Travel comfortably and learn more about Estonia while enjoying its unique products.

#### First Class Transfer

Transfer service Tallinn Airport and return; taxi service on request.



#### Positiivne OÜ

Minibus for disabilities, suitable for transporting delegates with special needs during the conference



#### White Oak Tours OÜ

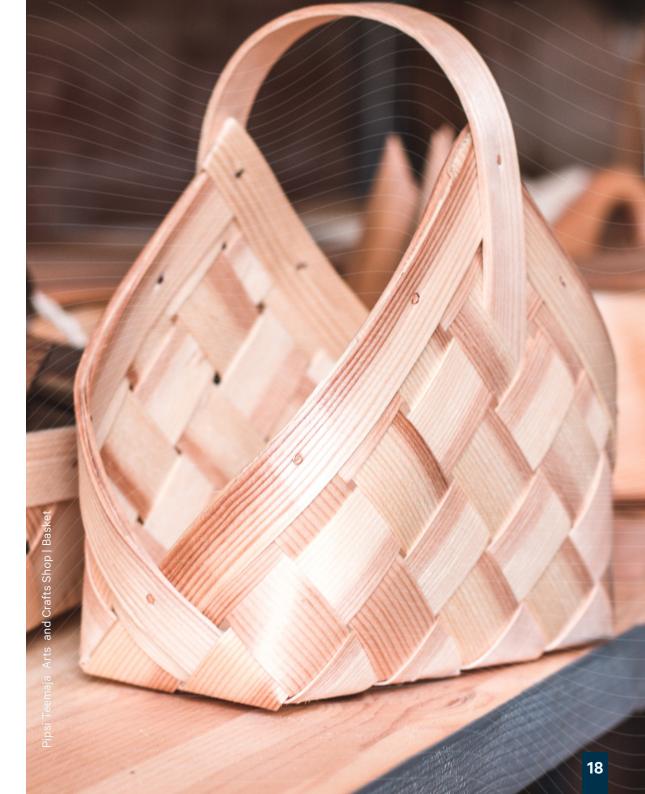
Guided tours in English, conducting individual tours



#### **Eesti Disainerite Liit**

Sells the creations of Estonian artists, including furniture, lighting, textiles, accessories, jewellery and fashion.









European Regional Development Fund supports the project with €29 999,90 with the aim of promoting Estonia as a conference destination